

<b>Extra Lean Dark Ground Turkey</b>	
Cooking instructions: (Fresh or thawed) Pan fry at medium heat for 10 minutes or until meat is no longer pink inside. Minimum internal temperature of 165F.	
<b>Nutrition Facts</b> per 1/2 cup (125 g)	
Amount	% Daily Value
Calories 120	
Fat 6 g	11%
Saturated 1.5 g	7%
Trans 0 g	
Cholesterol 70 mg	
Sodium 75 mg	3%
Fibre 0 g	
Sugars 0 g	
Protein 20 g	
Vitamin A	0%
Vitamin C	0%
Calcium	2%
Iron	8%

<b>Extra Lean White Ground Turkey</b>	
Cooking instructions: (Fresh or thawed) Pan fry at medium heat for 10 minutes or until meat is no longer pink inside. Minimum internal temperature of 165F.	
<b>Nutrition Facts</b> per 1/2 cup (125 g)	
Amount	% Daily Value
Calories 110	
Fat 2 g	3%
Saturated 0.5 g	3%
Trans 0 g	
Cholesterol 50 mg	
Sodium 65 mg	3%
Fibre 0 g	
Sugars 0g	
Protein 22 g	
Vitamin A	0%
Vitamin C	0%
Calcium	2%
Iron	8%

<b>Turkey Breast Fillets</b>	
Cooking instructions. (Fresh or thawed). BBQ on medium heat 15-20 minutes, or bake in preheated oven, @350F, for approximately 30 minutes. Minimum internal temperature of 165F.	
<b>Nutrition Facts</b> per 100 gr.	
Amount	% Daily Value
Calories 105	
Fat 1g	1%
Saturated 0g	0%
Trans 0g	
Cholesterol 50mg	
Sodium 52mg	2%
Fibre 0 g	
Sugars 0g	
Protein 20g	
Vitamin A	0%
Vitamin C	0%
Calcium	0%
Iron	10%

<b>Boneless Skinless Turkey Breast</b>	
Cooking instructions (fresh or thawed): Rub breast with cooking oil and seasonings. Tuck narrow end under to make breast uniform. Preheat oven to 350F. Roast for approx. 1.5 hours per kilo, min. internal temp. of 165F.	
<b>Nutrition Facts</b> per 100 gr.	
Amount	% Daily Value
Calories 110	
Fat 1g	1%
Saturated 1g	1%
Trans 0g	
Cholesterol 50mg	
Sodium 65mg	3%
Fibre 0 g	
Sugars 0g	
Protein 22g	
Vitamin A	0%
Vitamin C	0%
Calcium	2%
Iron	10%

**Boneless Skinless  
Turkey Thigh**

Cooking Instructions (fresh or thawed): Rub thighs with cooking oil and seasonings. Roast in preheated oven (at 350 F) for approx. 1.5 hrs/kg. Minimum internal temp of 180 F.

Nutrition Facts		per 100 gr.
Amount	% Daily Value	
Calories	120	
Fat	7	11%
Saturated	2g	8%
Trans	0g	
Cholesterol	70mg	
Sodium	75mg	3%
Fibre	0 g	
Sugars	0g	
Protein	18g	
Vitamin A		0%
Vitamin C		0%
Calcium		2%
Iron		10%

**Turkey Farmer's Sausage**

Ingredients: Turkey, salt, spice.

Cooking instructions. (Fresh or thawed): Cook in preheated, lightly greased pan for approx. 15-20 min. Or grill at medium heat for 12-15 minutes. Or cook in preheated oven @ 350 F for 20-25 minutes. Minimum internal temperature of 165 F.

Nutrition Facts		per 110 gr.
Amount	% Daily Value	
Calories	141	
Fat	5g	8%
Saturated	2g	8%
Trans	0g	
Cholesterol	74mg	
Sodium	368mg	15%
Fibre	0 g	
Sugars	0g	
Protein	24g	
Vitamin A		0%
Vitamin C		0%
Calcium		2%
Iron		10%

**Garlic Turkey Sausage**

Ingredients: Turkey, salt, garlic, spice.      Cooking instructions. (Fresh or thawed): Cook in preheated, lightly greased pan for approx. 15-20 min. Or grill at medium heat for 12-15 minutes. Or cook in preheated oven @ 350 F for 20-25 minutes. Minimum internal temperature of 165 F.

Nutrition Facts		per 110 gr.
Amount	% Daily Value	
Calories	141	
Fat	5g	8%
Saturated	2g	8%
Trans	0g	
Cholesterol	74mg	
Sodium	368mg	15%
Fibre	0 g	
Sugars	0g	
Protein	24g	
Vitamin A		0%
Vitamin C		0%
Calcium		2%
Iron		10%

### Italian Turkey Sausage

Ingredients: Turkey, salt, spices, garlic. Cooking instructions. (Fresh or thawed): Cook in preheated, lightly greased pan for approx. 15-20 min. Or grill at medium heat for 12-15 minutes. Or cook in preheated oven @ 350 F for 20-25 minutes.

Nutrition Facts		per 110 gr.
Amount		% Daily Value
Calories	140	
Fat	5g	8%
Saturated	2g	8%
Trans	0g	
Cholesterol	74mg	
Sodium	738mg	30%
Fibre	0 g	
Sugars	0g	
Protein	24g	
Vitamin A		2%
Vitamin C		0%
Calcium		2%
Iron		10%

### Hot Italian Turkey Sausage

Ingredients: Turkey, salt, spice, red peppers, garlic. Cooking instructions. (Fresh or thawed): Cook in preheated, lightly greased pan for approx. 15-20 min. Or grill at medium heat for 12-15 minutes. Or cook in preheated oven @ 350 F for 20-25 minutes.

Nutrition Facts		per 110 gr.
Amount		% Daily Value
Calories	137	
Fat	5g	8%
Saturated	2g	8%
Trans	0g	
Cholesterol	73mg	
Sodium	812mg	33%
Fibre	0 g	
Sugars	0g	
Protein	24g	
Vitamin A		2%
Vitamin C		0%
Calcium		2%
Iron		10%

### Honey Garlic Turkey Sausage

Ingredients: Turkey, water, honey, toasted wheat crumbs, salt, corn flour, dextrose, spices, garlic powder. Cooking instructions. (Fresh or thawed): Cook in preheated, lightly greased pan for approx. 15-20 min. Or grill at medium heat for 12-15 minutes. Or cook in preheated oven @ 350 F for 20-25 minutes.

Nutrition Facts		per 110 gr.
Amount		% Daily Value
Calories	144	
Fat	5g	8%
Saturated	2g	8%
Trans	0g	
Cholesterol	74mg	
Sodium	796mg	33%
Fibre	0 g	
Sugars	0g	
Protein	20g	
Vitamin A		2%
Vitamin C		0%
Calcium		2%
Iron		9%

### Tomato Basil Turkey Sausage

Ingredients: Turkey, salt, dextrose, spices, tomato powder, tomato flakes, dehydrated garlic, dehydrated onion. Cooking instructions. (Fresh or thawed): Cook in preheated, lightly greased pan for approx. 15-20 min. Or grill at medium heat for 12-15 minutes. Or cook in preheated oven @ 350 F for 20-25 minutes.

Nutrition Facts		per 110 gr.
Amount		% Daily Value
Calories	145	
Fat	5g	8%
Saturated	2g	8%
Trans	0g	
Cholesterol	72mg	
Sodium	258mg	10%
Fibre	0 g	
Sugars	0g	
Protein	24g	
Vitamin A		0%
Vitamin C		0%
Calcium		2%
Iron		10%

### Oktoberfest Turkey Sausage

Ingredients: Turkey, water, biscrumbe salt, spices, onion powder. Cooking instructions. (Fresh or thawed): Cook in preheated, lightly greased pan for approx. 15-20 min. Or grill at medium heat for 12-15 minutes. Or cook in preheated oven @ 350 F for 20-25 minutes. ALLERGENS: WHEAT

Nutrition Facts		per 110 gr.
Amount	% Daily Value	
Calories	126	
Fat	4g	6%
Saturated	2g	8%
Trans	0g	
Cholesterol	64mg	
Sodium	364mg	15%
Fibre	0 g	
Sugars	0g	
Protein	21g	
Vitamin A		0%
Vitamin C		0%
Calcium		2%
Iron		10%

### Zesty No Salt Turkey Sausage

Ingredients: Turkey, chili powder, spice, red pepper flakes, garlic, corn starch. Cooking instructions. (Fresh or thawed): Cook in preheated, lightly greased pan for approx. 15-20 min. Or grill at medium heat for 12-15 minutes. Or cook in preheated oven @ 350 F for 20-25 minutes. Minimum internal temperature of 165 F.

Nutrition Facts		per 110 gr.
Amount	% Daily Value	
Calories	140	
Fat	5g	8%
Saturated	2g	8%
Trans	0g	
Cholesterol	74mg	
Sodium	84mg	3%
Fibre	0 g	
Sugars	0g	
Protein	21g	
Vitamin A		0%
Vitamin C		0%
Calcium		2%
Iron		10%

### Breakfast Turkey Sausage

Ingredients: Turkey, salt, spice. Cooking instructions. (Fresh or thawed): Cook in preheated, lightly greased pan for approx 8-10 minutes.

Nutrition Facts		per 110 gr.
Amount	% Daily Value	
Calories	142	
Fat	5g	8%
Saturated	2g	8%
Trans	0g	
Cholesterol	74mg	
Sodium	368mg	15%
Fibre	0 g	
Sugars	0g	
Protein	24g	
Vitamin A		0%
Vitamin C		0%
Calcium		2%
Iron		10%

### Spinach & Feta Artisan Sausage

Ingredients: Turkey, spinach, goat feta cheese, salt, onion flakes, spice, garlic. Cook in preheated, lightly greased pan for approx. 15-20 min. Or, grill at medium heat for 12-15 minutes. Or, cook in preheated oven @ 350 F for 20-25 minutes. ALLERGENS: GARLIC, TRACES OF WHEAT

Nutrition Facts		per 110 gr.
Amount	% Daily Value	
Calories	143	
Fat	6g	9%
Saturated	2g	8%
Trans	0g	
Cholesterol	67mg	
Sodium	514mg	21%
Fibre	0 g	
Sugars	0g	
Protein	22g	
Vitamin A		18%
Vitamin C		4%
Calcium		7%
Iron		9%



### Plain Turkey Burgers

Ingredients: Turkey.

Cooking instr. BBQ: From frozen, cook on low approximately 5 min. until burgers are slightly thawed.

Then cook on medium heat for an additional 15-20 minutes. Oven: preheat oven to 350, cook approximately 30 minutes

#### Nutrition Facts per 125 gr.

Amount	% Daily Value
Calories 161	
Fat 6g	10%
Saturated 2g	8%
Trans 0g	
Cholesterol 85mg	
Sodium 74mg	3%
Fibre 0g	
Sugars 0g	
Protein 27g	
Vitamin A	0%
Vitamin C	0%
Calcium	2%
Iron	11%

### Garlic Turkey Burgers

Turkey, water, biscrumbe, salt, garlic, spice.

BBQ: From frozen, cook on low approximately 5 min. until burgers are slightly thawed. Then cook on

medium heat for an additional 15-20 minutes. Oven: preheat oven to 350, cook approximately 30 minutes

ALLERGENS: WHEAT

#### Nutrition Facts per 125 gr.

Amount	% Daily Value
Calories 161	
Fat 6g	10%
Saturated 2g	8%
Trans 0g	
Cholesterol 85mg	
Sodium 403mg	17%
Fibre 0g	
Sugars 0g	
Protein 26g	
Vitamin A	0%
Vitamin C	0%
Calcium	2%
Iron	11%

### Seasoned Turkey Burgers

Turkey, water, biscrumbe, salt, onion flakes, spice.

BBQ: From frozen, cook on low approximately 5 min. until burgers are slightly thawed. Then cook on

medium heat for an additional 15-20 minutes. Oven: preheat oven to 350, cook approximately 30 minutes.

ALLERGENS: WHEAT

#### Nutrition Facts per 125 gr.

Amount	% Daily Value
Calories 161	
Fat 6g	10%
Saturated 2g	8%
Trans 0g	
Cholesterol 85mg	
Sodium 403mg	17%
Fibre 0g	
Sugars 0g	
Protein 26g	
Vitamin A	0%
Vitamin C	0%
Calcium	2%
Iron	11%

### Tex Mex Turkey Burgers

Turkey, water, biscrumbe, salt, dextrose, spice, onion pwd, dehydr. garlic, nat. smoke flavour, sugar, caramel

colour, silicon dioxide. BBQ: From frozen, cook on low approx. 5 min. until burgers are slightly thawed.

Then cook on med heat for 15-20 min. Oven: Cook @ 350 for approx 30 minutes. ALLERGENS: WHEAT,

GARLIC

#### Nutrition Facts per 125 gr.

Amount	% Daily Value
Calories 161	
Fat 6g	10%
Saturated 2g	8%
Trans 0g	
Cholesterol 85mg	
Sodium 403mg	17%
Fibre 0g	
Sugars 0g	
Protein 26g	
Vitamin A	0%
Vitamin C	0%
Calcium	2%
Iron	11%

**Orange Ginger  
Turkey Breast Fillets**

Ingredients: Turkey, water, sugar, salt, sodium phosphate, brown sugar, spice, herbs, flavour, calcium silicate (mfg. aid)      Cooking instructions: (Fresh or thawed).      Grill at medium heat 15-20 minutes, or bake in preheated oven, @350F, for approximately 30 minutes.

Nutrition Facts		per 100 gr.
Amount	% Daily Value	
Calories	110	
Fat	2g	3%
Saturated	1g	3%
Trans	0g	
Cholesterol	55mg	
Sodium	510mg	21%
Fibre	0g	
Sugars	0g	
Protein	20g	
Vitamin A		0%
Vitamin C		0%
Calcium		2%
Iron		8%

**Rosemary and Roasted Garlic  
Turkey Breast Fillets**

Ingredients: Turkey, water, salt, spices (contains mustard), dextrose, dehydrated herbs and vegetables, roasted garlic, sodium phosphates, ground paprika, spice extracts, onion, lemon oil.  
Cooking instructions (fresh or thawed):      Grill at medium heat for 15-20 minutes. Or cook @ 350 F for approximately 30 minutes.

Nutrition Facts		per 100 gr.
Amount	% Daily Value	
Calories	110	
Fat	2g	3%
Saturated	1g	3%
Trans	0g	
Cholesterol	55mg	
Sodium	491mg	19%
Fibre	0g	
Sugars	1g	
Protein	21g	
Vitamin A		0%
Vitamin C		0%
Calcium		2%
Iron		8%

### Teriyaki Turkey Breast Fillets

Ingredients: Turkey, wheat free soy sauce, apple cider vinegar, sugar, water, garlic, guar gum.

Cooking instructions. (Fresh or thawed). Grill at medium heat for 15-20 minutes. Or, cook in preheated oven @ 350 F for approx. 30 min.

ALLERGENS: SOY, SODIUM BENZOATE

#### Nutrition Facts per 100 gr.

Amount	% Daily Value
Calories 120	
Fat 2g	3%
Saturated 1g	3%
Trans 0g	
Cholesterol 50mg	
Sodium 265mg	11%
Fibre 0g	
Sugars 3g	
Protein 20g	
Vitamin A	0%
Vitamin C	0%
Calcium	2%
Iron	8%

### Maple Bourbon Turkey Breast Fillets

Ingred: Turkey, maple syrup, wheat free soy sauce, bourbon, apple cider vinegar, worch. sauce, spice, garlic pwd, cayenne pepper.

Cooking instructions. (Fresh or thawed). Grill at medium heat for 15-20 minutes. Or cook @ 350 F for approx. 30 minutes.

ALLERGENS: SOY, GARLIC, SODIUM BENZOATE

#### Nutrition Facts per 100 gr.

Amount	% Daily Value
Calories 120	
Fat 2g	4%
Saturated 1g	3%
Trans 0g	
Cholesterol 50mg	
Sodium 380mg	16%
Fibre 0g	
Sugars 1g	
Protein 20g	
Vitamin A	0%
Vitamin C	0%
Calcium	2%
Iron	8%

#### Nutrition Facts per 100 gr.

Amount	% Daily Value
Calories 110	
Fat 2g	3%
Saturated 1g	3%
Trans 0g	
Cholesterol 55mg	
Sodium 280mg	12%
Fibre 0g	
Sugars 1g	
Protein 19g	
Vitamin A	0%
Vitamin C	0%
Calcium	2%
Iron	8%

### Sweet Ginger Turkey Breast Kabobs

Ingred: Turkey, raspberry jam, wheat free soya sauce, lemon juice, ground ginger, garlic.

Cooking instructions. (Fresh or thawed).

BBQ on medium heat 15-20 minutes.

ALLERGENS: GARLIC, SODIUM BENZOATE

#### Nutrition Facts per 100 gr.

Amount	% Daily Value
Calories 140	
Fat 1g	1%
Saturated 1g	1%
Trans 0g	
Cholesterol 50mg	
Sodium 278mg	12%
Fibre 0g	
Sugars 6g	
Protein 22g	
Vitamin A	0%
Vitamin C	1%
Calcium	2%
Iron	8%



### Turkey Schnitzel

Turkey, toasted wheat crumbs, salt, romano cheese, onion powder, sugar, spice, garlic powder, dehydrated parsley flakes. Cooking instructions (frsh or thawed): Cook in a preheated, lightly greased pan for 3-5 minutes per side. ALLERGENS: WHEAT, DAIRY

Nutrition Facts		per 100 gr.
Amount	% Daily Value	
Calories	110	
Fat	1g	2%
Saturated	1g	2%
Trans	0g	
Cholesterol	55mg	
Sodium	330mg	14%
Fibre	0 g	
Sugars	0g	
Protein	23g	
Vitamin A		0%
Vitamin C		0%
Calcium		2%
Iron		10%

### Bacon Wrapped Medallions

Ingredients: Turkey, ground turkey, bacon, salt, onion flakes, pepper, parsley.  
 Cooking instructions. (Fresh or thawed). Grill at medium heat for approximately 8-10 minutes per side. Or cook in preheated oven @ 350 F for 20-25 minutes. Or broil under 2nd from the top level for 10-12 minutes per side.

Nutrition Facts		per 100 gr.
Amount	% Daily Value	
Calories	200	
Fat	13g	20%
Saturated	4g	20%
Trans	0g	
Cholesterol	65mg	
Sodium	450mg	19%
Fibre	0 g	
Sugars	0g	
Protein	20g	
Vitamin A		0%
Vitamin C		0%
Calcium		0%
Iron		8%

### Turkey Broils

Ingredients: Turkey, ground turkey, spice, salt.  
 Cooking instructions. (Fresh or thawed). Grill at medium heat for 8-10 minutes per side. Or cook in preheated oven @ 350F for 20-25 minutes. Or broil under 2nd from top level for 10-12 minues per side.

Nutrition Facts		per 100 gr.
Amount	% Daily Value	
Calories	110	
Fat	3g	5%
Saturated	1g	2%
Trans	0g	
Cholesterol	65mg	
Sodium	300mg	13%
Fibre	0 g	
Sugars	0g	
Protein	22g	
Vitamin A		0%
Vitamin C		0%
Calcium		2%
Iron		10%

### Turkey Meatloaf

Ingredients: Turkey, toasted wheat crumbs, spice, salt, dehydrated onion flakes. Cooking instructions. (Fresh or thawed). Preheat oven to 350F. Remove cover and cook for approximately 60 minutes.

ALLERGENS: WHEAT

Nutrition Facts		per 110 gr.
Amount	% Daily Value	
Calories	173	
Fat	9g	14%
Saturated	2g	8%
Trans	0g	
Cholesterol	78mg	
Sodium	372mg	15%
Fibre	0 g	
Sugars	0g	
Protein	20g	
Vitamin A		0%
Vitamin C		0%
Calcium		3%
Iron		12%

### Turkey Meatballs

Ingredients: Turkey, toasted wheat crumbs, spice, onion powder, salt, granulated garlic. Cooking instructions. (Fresh or thawed). Preheat oven to 325 and cook approximately 20-25 minutes, or pan-fry in lightly greased pan on medium heat for approximately 15-20 minutes. ALLERGENS: WHEAT, GARLIC

Nutrition Facts		per 110 gr.
Amount	% Daily Value	
Calories	183	
Fat	9g	14%
Saturated	2g	8%
Trans	0g	
Cholesterol	75mg	
Sodium	225mg	9%
Fibre	0 g	
Sugars	0g	
Protein	20g	
Vitamin A		0%
Vitamin C		0%
Calcium		3%
Iron		13%

### Turkey Shepherd's Pie

Ingredients: Potatoes, turkey, peas & carrots, water, onions, gravy mix, butter, skim milk powder, spice, salt.

Cooking instructions (fresh or thawed):

Remove lid. Cook in preheated oven, at 350F, for approximately one hour.

ALLERGENS: DAIRY, SOY, WHEAT, GARLIC.

Nutrition Facts		per 225 gr.
Amount	% Daily Value	
Calories	220	
Fat	7g	11%
Saturated	3g	13%
Trans	0g	
Cholesterol	50mg	
Sodium	290mg	12%
Fibre	3 g	
Sugars	0g	
Protein	18g	
Vitamin A		2%
Vitamin C		45%
Calcium		2%
Iron		15%

### Turkey Breast Roast

Cooking instructions. (Fresh or thawed). Preheat oven to 325. Place in roasting pan with a small amount of water, butter, or margarine. Season and cover loosely with tin foil. Insert pop-up timer. Cook for approximately 1.5 hr/kg (1-2 kg) or 1 hr/kg (3-5 kg). Minimum internal temperature of 170

Nutrition Facts		per 100 gr.
Amount	% Daily Value	
Calories	140	
Fat	6g	9%
Saturated	2g	8%
Trans	0g	
Cholesterol	55mg	
Sodium	65mg	3%
Fibre	0g	
Sugars	0g	
Protein	21g	
Vitamin A		0%
Vitamin C		0%
Calcium		2%
Iron		10%

### Turkey Breast/Thigh 50/50 Roast

Cooking instructions. (Fresh or thawed). Preheat oven to 325. Place in roasting pan with a small amount of water, butter or margarine. Season and cover loosely with tin foil. Insert pop up timer. Cook for approx. 1.5 hr/kg (1-2 kg) or 1 hr/kg (3-4 kg). Minimum internal temperature of 170.

Nutrition Facts		per 100 gr.
Amount	% Daily Value	
Calories	150	
Fat	7g	12%
Saturated	2g	12%
Trans	0g	
Cholesterol	59mg	
Sodium	68mg	3%
Fibre	0g	
Sugars	0g	
Protein	20g	
Vitamin A		0%
Vitamin C		0%
Calcium		2%
Iron		10%

### Turkey Thigh Roast

Cooking instructions. (Fresh or thawed). Preheat oven to 325. Place in roasting pan with a small amount of water, butter or margarine. Season and cover loosely with tin foil. Insert pop up timer. Cook for approx. 1.5 hr/kg (1-2 kg) or 1 hr/kg (3-4 kg). Minimum internal temperature of 170.

Nutrition Facts		per 100 gr.
Amount	% Daily Value	
Calories	160	
Fat	9g	15%
Saturated	3g	15%
Trans	0g	
Cholesterol	72mg	
Sodium	71mg	2%
Fibre	0g	
Sugars	0g	
Protein	19g	
Vitamin A		0%
Vitamin C		0%
Calcium		2%
Iron		10%

**Oven Roast  
Turkey Breast Roast**

Ingredients: Turkey breast, water, glucose solids, potassium lactate, salt, flavour, sodium phosphate, carrageenan, sodium diacetate, spices, turkey broth powder (turkey broth, salt, flavour), brown sugar, maltodextrin, caramel, potassium phosphate, tricalcium phosphate, sodium bicarbonate..

Nutrition Facts		per 55 gr.
Amount		% Daily Value
Calories	50	
Fat	0g	0%
Saturated	0g	0%
Trans	0g	
Cholesterol	30mg	
Sodium	520mg	22%
Fibre	0 g	
Sugars	0g	
Protein	11g	
Vitamin A		0%
Vitamin C		0%
Calcium		0%
Iron		2%

**Turkey Summer Sausage**

Ingredients: Turkey, sea salt, dextrose, sodium erythorbate, starter culture, sodium nitrate, natural smoke.

Nutrition Facts		per 100 gr.
Amount		% Daily Value
Calories	130	
Fat	7g	11%
Saturated	3g	8%
Trans	0g	
Cholesterol	55mg	
Sodium	830mg	35%
Fibre	0 g	
Sugars	0g	
Protein	16g	
Vitamin A		0%
Vitamin C		0%
Calcium		0%
Iron		8%

**Turkey Weiners**

Mechanically separated turkey, water, food starch (rice/tapioca), sea salt, spices, corn syrup solids, dextrose, mustard flour, sod. lactate, sod. phosphate, sod. diacetate, sugar, smoke flavour, sod. erythorbate, sodium nitrite, natural smoke. ALLERGENS: MUSTARD

Nutrition Facts		per 55 gr.
Amount		% Daily Value
Calories	90	
Fat	6g	9%
Saturated	0g	0%
Trans	0g	
Cholesterol	0mg	
Sodium	320mg	15%
Fibre	0 g	
Sugars	0g	
Protein	5g	
Vitamin A		0%
Vitamin C		0%
Calcium		6%
Iron		4%

**Turkey Bacon**

Ingredients: Turkey, water, sea salt, dextrose, sodium erythorbate, sodium nitrate, smoke

Nutrition Facts		per 30 gr.
Amount		% Daily Value
Calories	50	
Fat	3g	5%
Saturated	0.5g	3%
Trans	0g	
Cholesterol	20mg	
Sodium	270mg	11%
Fibre	0 g	
Sugars	0g	
Protein	5g	
Vitamin A		0%
Vitamin C		0%
Calcium		0%
Iron		2%

### Sikorski's Turkey Kielbassa

Ingredients: Turkey, water, salt, tapioca starch, spices, cultured dextrose, garlic powder, sodium phosphate, sodium erythorbate, sodium nitrate.

#### Nutrition Facts per 50 gr.

Amount	% Daily Value
Calories 80	
Fat 4g	5%
Saturated 1g	5%
Trans 0g	
Cholesterol 30mg	
Sodium 310mg	13%
Fibre 0g	
Sugars 0g	
Protein 10g	
Vitamin A	0%
Vitamin C	0%
Calcium	0%
Iron	4%

### Evelyn's Turkey Kielbassa

Ingredients: Turkey, spices, salt, garlic, sugar, sodium nitrite, sodium bicarbonate, sodium erythorbate, smoke, dextrose, hydrolized vegetable protein.

#### Nutrition Facts Not Available

### Turkey Pepperettes

Ingredients: Turkey, spices, salt, sugar, sodium nitrite, sodium bicarbonate, sodium erythorbate, smoke, dextrose, hydrolized vegetable protein.

#### Nutrition Facts not available

### Hot Turkey Pepperettes

Ingredients: Turkey, spices, salt, sugar, sodium nitrite, sodium bicarbonate, sodium erythorbate, smoke, dextrose, hydrolized vegetable protein.

#### Nutrition Facts not available

### Turkey Jerky

Ingredients: Turkey, salt, sugar, sodium nitrite, sodium bicarbonate, sodium erythorbate, msg, smoke.

#### Nutrition Facts not available





















